

Preparatory Examination (1) 2020- Class V

Subject: English

Time: 1hour 15 minutes

Fullmarks:50

Read the text and answer the questions 1,2,3 and 4:

Sometimes the food we like to eat isn't the healthiest food for us. The Food Pyramid helps us to understand the different food groups , and it tells us how much of each food group we should eat.

There are four levels in the Food Pyramid. We eat more of the foods at the bottom of the pyramid. The things made from grains are in this level, for example, rice, ruti, bread and potatoes. Potatoes are not grains, but they are similar. Grains give us energy.

Fruit and vegetables are in the next level of the pyramid. These are also very important for us. They have vitamins. They help our eyes and our health.

On the next level, there are fish, meat, dairy products, beans and lentils. Meat, fish and chicken have protein. Beans and lentils do, too!

Dairy products are things like milk and eggs. They help our teeth and bones. Protein and dairy make us strong.

Fat and oil are at the top of the Food Pyramid. These make food delicious, but our body does not need very much of them.

Sometimes we can't get food from all the different food groups. But when we have choices about food, we need to make good choices.

1. Match the words in column A with their meaning in column B: 1X5=5

Column A	Column B
a) Understand	i)now and then
b) Bottom	ii)the flesh of animals
c) Meat	iii) recognize
d) Delicious	iv)stage
e) Need	v)the lowest part of something
	vi)mouth watering
	vii)be in want of

2. Write 'True' for correct statement or 'False' for incorrect statement.

1X6=6

- The food Pyramid helps us to understand the different level of people groups.
- Our eyes get help from vitamins.
- We often don't eat healthy food.
- Rice, ruti and bread are not made from grain.
- We shouldn't eat much fat and oil.
- We get energy from lentils.

3. Answer the following questions in a sentence or sentences: 2X6=12

- a) How many levels are there in the Food Pyramid?
- b) Which foods are at the bottom of the Food Pyramid?
- c) Which foods have vitamins?
- d) Why do we need dairy products?
- e) Which foods are important for health?
- f) What does the chart of Food Pyramid tell us?

4. Write a short composition on "Healthy Food".[Write at least five sentences to the topic. Remember to use capital letters, punctuation, correct spelling and sentence structure]
10

5. Make five WH questions from the given statements (By using Who, What, When, Where, Why, Which and How). Make questions with the underlined word(s)
2X5=10

- a) The Olympic Games is the biggest sports competition in the world.
- b) Ice cream is delicious with chocolate.
- c) Sima's cousin lives in the UK.
- d) A long time ago, there was a fire in Raju's school.
- e) The hare slept for an hour.

6. Read the instructions about Behaving with friends, then answer the following questions.

1+2+3=6

Behaving with Friends

1. Select 3 or 4 friends from your classmates.
2. Consult them for studying games and other necessary matters.
3. Avoid bad friends and companions.
4. Keep sacrificing attitude towards your friends.
5. Mingle with good friends because good company makes a man good.

- a) What do you need to grow up properly?
- b) Why do you need selected friends?
- c) How can you maintain good friendship?

7. Neatness

Syllabus for Preparatory examination (1) 2020- class v

Subject: English

Full marks-50 Time- 1hour 15 minutes

1. Seen comprehension :English for Today book-(Unit:1-20)
2. WH question
3. Short questions(Based on short informative text / instructions / activities / suggestions / directions / procedures to do any work)